



Platters - Main + 2 Sides

Rotisserie Chicken **GF**

In Our Signature French Style

¼ Chicken **GF** \$12.99

Choice of white or dark meat

½ Chicken **GF** \$14.99

Choice of white + dark meat, or double dark meat



Chicken Mains \$12.99

Grilled **GF** or Fried Chicken Tenders (3)

Marinated and grilled or fried chicken breast tenders

Fried Chicken Wings (6)

Crispy fried chicken wings

Bourbon Chicken

A Poulet Signature! Chicken sautéed in a sweet and savory Bourbon sauce

General Tso's Chicken

Chicken tossed in our sweet and spicy General Tso's sauce with broccoli and red peppers

Chicken Marsala

Chicken sautéed with mushrooms, pearl onions and marsala sauce

Bellagio Chicken **GF**

Chicken breast sautéed with sun-dried tomatoes in a creamy basil sauce

Tuscan Chicken **GF**

Chicken breast sautéed with peas in a creamy tomato sauce

Chicken Tikka Masala **GF**

Chicken sautéed with an aromatic masala curry sauce

Chicken Jambalaya **GF**

Pulled rotisserie chicken with sausage, rice and veggies

Buffalo Chicken **GF**

Pulled rotisserie chicken tossed in House Buffalo Sauce

Barbeque Chicken **GF**

Pulled rotisserie chicken tossed in House Barbeque Sauce

Sliced Turkey Breast **GF** \$12.49

Roasted in our blend of herbs and spices, sliced to order

Fried Cod Fillet (2) \$12.49

Crispy fried cod fillet

Grilled Salmon \$13.99

Grilled then roasted in a white wine sauce

Pulled Pork BBQ \$13.99

Pulled pork tossed in House Barbeque Sauce

Beef Brisket \$14.49

Braised beef brisket au jus

3 Sides \$8.99

Choice of 3 sides- 1 entrée portion and 2 side portions



Sides

Brown Rice & Lentils Western Fries **V**

Corn **GF V** Mashed Potatoes **GF V**

Mixed Vegetables **GF V** Zucchini **GF V**

Mac & Cheese **GF V** Creamed Spinach **GF V**

Grilled Potatoes **GF V** Paella Rice **GF V**

Glazed Carrots **GF V** Mushrooms **GF V**

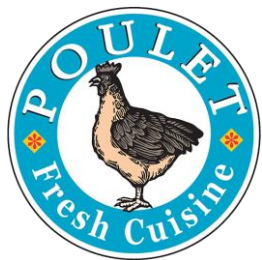
Green Beans **GF V** White Rice **GF V**

Scalloped Potatoes **GF V** Sweet Potato Tots **V**

Grilled Cauliflower **GF** Caesar Salad

Cranberry Yams & Cole Slaw **GF V**

Squash **GF V** Tomato & Cucumber Salad **GF VE**



Meal Deal – Feeds 4

Main + 3 (16oz) Sides

Whole Rotisserie Chicken \$32.49

Our Signature French-Style Whole Rotisserie Chicken **GF**



Chicken Mains 32 oz \$32.49

Bourbon Chicken

A Poulet Signature! Chicken sautéed in a sweet and savory Bourbon sauce

General Tso's Chicken

Chicken tossed in our sweet and spicy General Tso's sauce with broccoli and red peppers

Chicken Marsala

Chicken sautéed with mushrooms and marsala sauce

Bellagio Chicken **GF**

Chicken breast sautéed with sun-dried tomatoes in a creamy basil sauce

Tuscan Chicken **GF**

Chicken breast sautéed with peas in a creamy tomato sauce

Chicken Tikka Masala **GF**

Chicken sautéed with an aromatic masala curry sauce

Chicken Jambalaya **GF**

Pulled rotisserie chicken with sausage, rice and veggies

Buffalo Chicken **GF**

Pulled rotisserie chicken tossed in House Buffalo Sauce

Barbeque Chicken **GF**

Pulled rotisserie chicken tossed in House Barbeque Sauce



Sliced Turkey Breast 1 lb \$32.49

Roasted in our blend of herbs and spices, sliced to order **GF**

Pulled Pork BBQ 32 oz \$38.49

Pulled pork tossed in House Barbeque Sauce

Beef Brisket 1 lb \$39.49

Braised beef brisket au jus

Sides



Brown Rice & Lentils **V**

Corn **GF V**

Mixed Vegetables **GF V** Western Fries **V**

Mac & Cheese **GF V** Mashed Potatoes **GF V**

Grilled Potatoes **GF V** Zucchini **GF V**

Glazed Carrots **GF V** Creamed Spinach **GF V**

Green Beans **GF V** Paella Rice **GF V**

Scalloped Potatoes **GF V** Mushrooms **GF V**

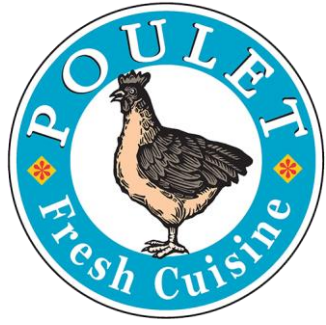
Grilled Cauliflower **GF** White Rice **GF V**

Cranberry Yams & Sweet Potato Tots

Squash **GF V** Caesar Salad

Tomato & Cucumber Cole Slaw **GF V**

Salad **GF VE**



Salads & Soups

Build Your Own \$8.29

Lettuce choices:

- Mesclun
- Romaine
- Baby Spinach

Toppings (choose 4; each additional \$1.25):

- Hardboiled Egg
- Thinly-Sliced Red Onion
- Cherry Tomatoes
- Diced Roma Tomatoes
- Sun-Dried Tomatoes
- Kalamata Olives
- Edamame
- Mushrooms
- Broccoli
- Diced Red & Green Peppers
- Beets
- Garbanzo Beans
- Pickled Jalapeños
- Corn & Black Bean Salsa
- Pico de Gallo
- Cubed Cucumber
- Shredded Carrots
- Feta Cheese
- Shredded Cheddar Cheese
- Shredded Mozzarella Cheese
- Crumbled Bacon
- Craisins
- Roasted Sunflower Seeds

Optional meat choices:

- Turkey Breast \$3.99
- Grilled Chicken \$3.99
- Buffalo Chicken \$3.99
- Bourbon Chicken \$3.99
- Grilled Salmon \$5.20

Try these! \$8.29

Southwest Salad

Romaine Lettuce, Corn & Black Bean Salsa, Pico de Gallo, Crumbled Bacon, Cheddar Cheese, & Chipotle Ranch

Classic Caesar Salad

Romaine Lettuce, Garlic Croutons, & House made dressing

Spinach Salad

Baby Spinach, Craisins, Sunflower Seeds, Feta Cheese, Red Onion, Sliced Egg, & Raspberry Vinaigrette

Greek Salad v

Romaine Lettuce, Tomato-Cucumber Salad, Red Onion, Kalamata Olives, Feta Cheese, Garlic Croutons, & Balsamic Vinaigrette

Harvest Beet Salad v

Mesclun, Roasted Beets, Cherry Tomatoes, Diced Apples, Feta Cheese, Garlic Croutons, & Balsamic Vinaigrette

In the Cold Case – FIT Salads

Southwest Chicken FIT Salad \$7.99

Grilled Chicken, Corn & Black Bean Salsa, Hearts of Palm, Cherry Tomatoes

Lebanese Salmon FIT Salad \$9.49

Grilled Salmon, Tabbouleh Salad, Hummus, Roasted Red Peppers & Olives

Asian Shrimp FIT Salad \$9.49

Asian Shrimp Salad, Sesame Noodles, Shredded Veggies

Turkey & Kale FIT Salad \$7.99

Roasted Diced Turkey, Quinoa, Blueberries, Kale, Cucumbers, & Honey Vinaigrette

Soups

Maryland Crab

Cream of Crab

Chicken Vegetable

Chicken Noodle

French Onion

Seafood Chowder

Cup \$3.99

Bowl \$6.99

Quart \$10.49

Soups will rotate seasonally/daily



Sandwiches

Build Your Own

\$8.99

Bread choices:

- Baguette
- White
- Wheat
- Rye
- Kaiser Roll
- Brioche Bun

Meat choices:

- Grilled Chicken Breast
- Sliced Turkey Breast
- Pulled Pork BBQ
- Chicken Salad
- Tuna Salad
- Corned Beef add \$1.00

Topping choices:

- Lettuce
- Tomato
- Onion
- Pickle
- Ketchup
- Mustard
- Mayonnaise
- American Cheese add \$0.50
- Cheddar Cheese add \$0.50
- Swiss Cheese add \$0.50
- Provolone Cheese add \$0.50
- Bacon add \$1.00
- Avocado add \$1.00

½ lb. Angus Burger

\$8.29

8oz of freshly grilled Angus Beef

Jumbo Kosher Hot Dog

\$5.99

Lobster Roll

Market Price

Lobster Meat, Lemon Juice, Salt, Pepper, & Homemade Mayonnaise on Long Roll

Try these!

- Whiskey Chicken Sandwich \$8.99
Grilled Chicken Breast, Cheddar Cheese, Bourbon Sauce, Lettuce, Tomato, Onion, & Pickles on Baguette
- Poulet Turkey Club Sandwich \$8.99
Sliced Turkey Breast, Bacon, Lettuce, Tomato, Onion, & Poulet Sauce on Baguette
- Turkey Rachel Sandwich \$8.99
Sliced Turkey Breast, Swiss Cheese, Cole Slaw, & Thousand Island Dressing on Rye
- Corned Beef Rueben Sandwich \$9.99
Corned Beef, Swiss Cheese, Sauerkraut, & Thousand Island Dressing on Rye
- French Brisket Dip Sandwich \$9.99
Sliced Brisket, Provolone Cheese, & Red Onion on Baguette with a small side of French Onion Soup

❖ ❖ ❖

Chicken Caesar Wrap \$8.99
Grilled Chicken Breast, Romaine Lettuce, Sliced Tomato, & House Caesar Dressing

Buffalo Chicken Wrap \$8.99
Pulled Buffalo Chicken, Blue Cheese Crumbles, Romaine Lettuce, & Ranch Dressing

Veggie Wrap \$7.99
Shredded Carrots, Spinach, Pico de Gallo, Corn & Bean Salsa, & Hummus

❖ ❖ ❖

Chicken Pesto Panini \$8.99
Grilled Chicken Breast, Sliced Tomato, Spinach, Provolone Cheese, & Pesto Sauce

Cubano Panini \$9.49
Pulled Pork, Sliced Ham, Swiss Cheese, Pickles, & Yellow Mustard

Smokey Beef Brisket Panini \$9.99
Sliced Brisket, Smoked Gouda, Sliced Tomato, Red Onion, & Whiskey Maple Dijon



Burrito Bar

Build Your Own:

Burrito \$8.99



Burrito Bowl \$8.49



Quesadilla

Cheese \$6.75

Veggie \$6.99

Chicken \$8.99



Soft Shell Tacos \$8.99

Mango Chicken

Grilled Chicken, Mango Salsa

Korean Beef

Korean BBQ Beef, Pickled Cucumbers

Baja Fish

Fried Cod Fillet, Slaw, Sriracha Mayonnaise



Tortilla choices:

White Flour

Whole Wheat Flour

Toppings:

White Rice

Thinly-Sliced Red Onion

Cherry Tomatoes

Diced Roma Tomatoes

Diced Red & Green Peppers

Pickled Jalapeños

Corn & Bean Salsa

Pico de Gallo

Feta Cheese

Shredded Cheddar Cheese

Shredded Mozzarella Cheese

Crumbled Bacon

Sour Cream

Sautéed Peppers & Onions

Simmered Black Beans

Guacamole

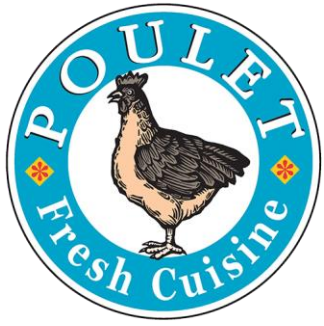
add \$1.59

Optional meat choices:

Rotisserie Chicken Breast

Marinated Grilled Chicken

Barbeque Pulled Pork



A La Carte

Rotisserie Chicken

Our signature French-style rotisserie chicken

¼ Chicken - Dark Meat **GF** \$5.49

¼ Chicken - White Meat **GF** \$5.99

½ Chicken **GF** \$8.99

Choice of white + dark meat, or double dark meat

Whole Chicken \$14.99

Chicken Mains

10oz \$5.75

16oz \$8.99

32oz \$14.99

Bourbon Chicken

A Poulet Signature! Chicken sautéed in a sweet and savory Bourbon sauce

General Tso's Chicken

Chicken tossed in our sweet and spicy General Tso's sauce with broccoli and red peppers

Chicken Marsala

Chicken sautéed with mushrooms and marsala sauce

Bellagio Chicken **GF**

Chicken breast sautéed with sun-dried tomatoes in a creamy basil sauce

Tuscan Chicken **GF**

Chicken breast sautéed with peas in a creamy tomato sauce

Chicken Tikka Masala **GF**

Chicken sautéed with an aromatic masala curry sauce

Chicken Jambalaya **GF**

Pulled rotisserie chicken with sausage, rice and veggies

Buffalo Chicken **GF**

Pulled rotisserie chicken tossed in House Buffalo Sauce

Barbeque Chicken **GF**

Pulled rotisserie chicken tossed in House Barbeque Sauce

Chicken Pot Pie \$9.75

Diced Chicken Breast, Peas, Diced Carrots, Corn, Chopped Green Beans, & Chicken Gravy in Flakey Crust

Chicken Tender \$2.49

Marinated and grilled **GF** or fried chicken breast tender

Chicken Wing \$1.99

Crispy fried chicken wing

Fried Cod Fillet \$4.24

Crispy fried cod fillet

Grilled Salmon \$9.99

Grilled then roasted in a white wine sauce

Sliced Turkey Breast **GF**

¼ lb \$6.98 ½ lb \$10.49 ¾ lb \$14.99 1 lb \$17.99

Roasted in our blend of herbs and spices, sliced to order

Pulled Pork BBQ

10oz \$7.49 16oz \$13.49 32oz \$24.99

Pulled pork tossed in House Barbeque Sauce

Beef Brisket

¼ lb \$6.99 ½ lb \$13.49 ¾ lb \$20.39 1 lb \$25.99

Braised beef brisket au jus

Sides

10oz \$4.25 16oz \$6.75 32oz \$10.99

- Brown Rice & Lentils **V**
- Corn **GF V**
- Mixed Vegetables **GF V**
- Mac & Cheese **GF V**
- Grilled Potatoes **GF V**
- Glazed Carrots **GF V**
- Green Beans **GF V**
- Scalloped Potatoes **GF V**
- Grilled Cauliflower **GF V**
- Cranberry Yams & Squash **GF V**
- Western Fries **V**
- Mashed Potatoes **GF V**
- Zucchini **GF V**
- Creamed Spinach **GF V**
- Paella Rice **GF V**
- Mushrooms **GF V**
- White Rice **GF V**
- Sweet Potato Tots **V**
- Caesar Salad
- Cole Slaw **GF V**
- Tomato & Cucumber Salad **GF V**



Crêpes

Sweet Crêpes v

\$8.99

Savory Crêpes

\$10.25

Additional toppings: **meat** \$3.49 **veggie** \$2.49



Try these!

Lemon & Sugar

Lemon Juice & Powdered Sugar

Choco Banana

Banana & choose Chocolate Sauce or Caramel Sauce

Choco Strawberry

Strawberries & Chocolate Sauce

S'mores

Graham Cracker Crumbles, Chocolate Sauce & Marshmallow Sauce

Suzette

Orange Marmalade & Grand Marnier



Sugar Crêpes v

\$4.99



Try these!

The Pizza

Shredded Mozzarella Cheese, Tomato Sauce, & 2 Toppings of your choice from the salad bar

The Caprese

Diced Roma Tomato, Shredded Mozzarella Cheese, Pesto Sauce, Olive Oil, & Black Pepper

The Poulet Pesto

Chicken Breast, Shredded Mozzarella Cheese, & Pesto Sauce

The Club

Sliced Turkey Breast, Shredded Mozzarella Cheese, & Tangy Mustard Mayonnaise; optional Bacon Crumbles

The Barbeque Piggy

Barbeque Pulled Pork

The Buffalo

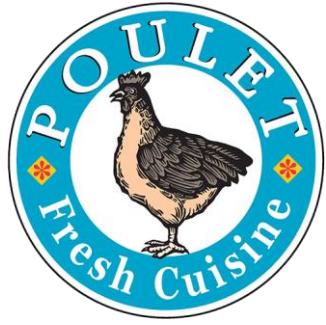
Buffalo Chicken & Choose your cheese

The Classic

Ham & Choose your cheese

The Florentine

Spinach, Diced Roma Tomato, & Shredded Mozzarella Cheese



Homemade Ice Cream & Desserts

Flavors: ALL V

- | | |
|------------------------|-------------------|
| Salted Caramel GF | Whiskey Apple |
| Coffee Chocolate Chip | Pumpkin Pie GF |
| Cappuccino Fudge | Chocolate Chip |
| Vanilla GF | Cookie Dough |
| Mint Chocolate Chip GF | Black Bottom |
| Red Velvet | Raspberry GF |
| Rum Raisin GF | Birthday Cake |
| Strawberry GF | Chocolate Chip |
| Coconut Berry VE | Cookies and Cream |
| Key Lime Pie | S'mores |
| Orange Sherbet GF VE | Chocolate GF |

All Hand made ice cream.
Flavors will rotate.

Cones:

- Cake
- Waffle

Toppings:

- Chocolate Syrup
- Caramel Syrup
- Rainbow Sprinkles
- Chocolate Sprinkles
- Graham Cracker Crust
- Crumbles



Homemade Cookies (2) V \$2.83

Available flavors: Double Chocolate Chip, Sprinkle Sugar, Chocolate Chip, Oatmeal Raisin, & Cranberry White Chocolate

Rice Pudding GF V \$5.25

Rice Pudding, Diced Mango, Raisins, & Crunchy Granola

Baked Apple & Yogurt \$5.25

Baked Cinnamon Apple, Mixed Berries, & Yogurt

Tiramisu \$3.45

Coffee-Liquor-Soaked Lady Fingers, Sweet Ricotta, & Cacao Powder

#KOOKYshakes \$11.32

Ravens Nation

Chocolate Milkshake topped with Whipped Cream, Purple Chocolate Candy Balls, Chocolate Dipped Pretzel Rods, Hot Fudge and Purple Sprinkle

B'more Hon!

Strawberry Milkshake topped with Whipped Cream, Gummi Bears, Rock Candy, Candy Bracelets & Rainbow Sprinkles



Single Scoop \$4.25

One scoop of our homemade ice cream in a cup, cake cone, or sugar cone

Double Scoop \$5.74

Two scoops of our homemade ice cream in a cup, cake cone, or sugar cone

Waffle Cone Single \$4.49

One scoop of our homemade ice cream in a big waffle cone

Waffle Cone Double \$5.99

Two scoops of our homemade ice cream in a big waffle cone

Pint \$6.99

16oz of our homemade ice cream, hand-packed

Quart \$12.99

32oz of our homemade ice cream, hand-packed

Kiddie Sundae \$5.25

One scoop of our homemade ice cream with whipped cream & choice of two other toppings

Milkshake \$6.25

Hand-spun milkshake, topped with whipped cream

Root Beer Float \$5.25

A scoop of ice cream submerged in root beer

Smoothie \$6.25

Smooth blend of milk, fruits, & juice